

**GUIDANCE PROGRAMS**  
for  
**Middle and High School Students**



**SUCCESS IN SCHOOL:**

*Drop-out Prevention: Nowhere to Go*  
*How to Succeed in Middle School*  
*Study Skills I&II*  
*Study Smarter: Skills and Strategies*  
*How To Series...How to Teach Study Skills*

*Go for a Goal*  
*Seven Steps to Good Study*  
*Habits Part I & II*

**CHARACTER EDUCATION/RESPONSIBILITY/RESPECT:**

*All About Respect*  
*Getting in Character Series*  
*I'm All That: Building Self-Esteem*  
*Know Yourself: The Secret of Self-Esteem*  
*The Fourth R: Responsibility*  
*Making Decisions, Solving Problems*  
*Trust Me: Learning to Be Responsible*

*Cool to be Me: Self-Esteem*  
*R-E-S-P-E-C-T*  
*Respect: Keep It Real*  
*The Respect Series*  
*The Wexford Series*  
*Doing the Right Thing Series*

**PEER RELATIONSHIPS:**

*Cliques: Who's In? Who's Out?*  
*Learning Relationship Skills*  
*Friends First Series*  
*The Unseen Power: Peer Pressure*  
*Your Reputation: Make It, Change It*  
*Relationship: When They Help...When They Hurt*

*Guess What I Just Heard*  
*Say No and Keep Your Friends*  
*Talking It Over: Teen Issues*  
*When Dating Turns Dangerous*  
*When Friends Mean Trouble*

**CONFLICT:**

*Anger, Rage and You*  
*Anger-Management Skills*  
*Conflict at School: Dealing with Adults*  
*Get a Grip! Self-Management Skills*  
*Just Chill! Dealing with Anger*  
*Keeping Peace at Home*  
*Violence: Reversing the Trend Series*  
*Aftershocks: Voices and Visions of Youth in a Violent World*  
*Understanding, Controlling, and Preventing Anger, Part I and II*  
*Violence Prevention Series*  
*What is Hate About?*  
*Solving Conflicts: Me and My Family*  
*Part 1 Understanding Gang Life*  
*Part 3 Alternatives to Gang Life*  
*Teen-Adult Conflict: Working It Out*

*Anger: You Can Handle It*  
*Conflict Resolution Skills*  
*Don't Pick on Me!*  
*Handling Your Anger*  
*Mediation Skills*  
*Alternative to Violence Series*  
*Violence in the Family*  
*The Wexford Series*  
*Resolving Conflicts*  
*Stop the Violence*  
*Part 2 Consequences of Gang Life*

**ABUSE:***Dating Violence and Abuse**Teens Stopping Rape**When I Say Stop I Mean Stop: Sexual Harassment and Sexual Pressure**Katie's Secret**The Wexford Series***DRUG PREVENTION:***Alcohol: Think, Don't Drink**Drugs and Teens: The Hidden Problem**Drunk Driving: The Party's Over**Hooked? Not Me**I Don't Have a Problem: the Path to Addiction**Inhalants for Middle Schools**Reality Matters Series**Risk-Taking: Thinking It Through**Talking About Tobacco**Teens, Drugs, and Peer Pressure**Cocaine and Crack: The Road to Nowhere**Choices**Hooked: The Addiction Trap Series**Ecstasy: First Pill or Last?**Marijuana Update**Marijuana: The Burning Truth**Smoking: The Burning Truth**Talking About Alcohol**LSD: Game Over**Drugs, Your Friends, and You**Managing Your Health: Addiction***HEALTH:***Eating Disorders: Profiles of Pain**Nutrition and Exercise: Teen Wellness**STDs, AIDS, and the Clean Love Solution**Live Right, Grow Right: It's the Only Body You've Got**Taking Charge of Me: Emotional I.Q.**Teen Mothers and Fathers Speak Out**Reality Matters Series**Skills for Healthy Living Series**Making Responsible Choices**Sex Too Soon**Right Choices: Skills for Life**Talking About Sex, Part I and II**Safe Student School Scenarios**Teens Who Choose Abstinence**Managing Your Health Series***Designated for High School Students:***Active Me, Healthy Me Series**AIDS: A Changing Epidemic**AIDS: Ending the Epidemic**LegalEASE Series**Managing Your Health: Depression**Nutrition and Digestive Health Series**Sexual Harassment and How to Stop It**Teen Suicide: A Permanent Solution to a Temporary Problem**A-Z of Your Head Series**Skills for Healthy Living Series: Weighing the Risks-Drugs, Sex, Consequences**A Case of Abuse**Drugs End All Dreams**Heroin: Losing Everything**Drunk Driving: The Party's Over**Overcoming Eating Disorders**Scared Straight! 20 Years Later**Talking About Sex, Part Two***PARENTING:***The Lily Series***Designated for Adults/Parents:***Take a Stand, Lend a Hand, Stop Bullying**Wexford Series: Parenting Adolescents: Relationships That Work*